



Sticks & Stones 10 | March 17-18, 2017
Trabuco Hills HS Stadium and Upper Fields
27501 Mustang Run, Mission Viejo, CA 92691

Dear Sticks & Stones coaches and team supporters:

It's been a decade! Thanks for making it possible for your school to participate in the 10th annual Sticks & Stones Junior Varsity lacrosse tournament. We anticipate a fun two days of lacrosse for our record-breaking 32 participating teams coming from all over Southern California.

The 2017 Sticks & Stones will be broken into 4 divisions:

BLUE: Corona Del Mar A, Great Oak, Mater Dei, Newport Harbor A, Redondo, San Juan Hills, Trabuco Hills and Woodbridge ([BLUE BRACKET HERE!](#))

ORANGE: Aliso Niguel A, Capo Valley, Downey, Glendale, Laguna Hills, Los Alamitos, San Clemente and Tesoro ([ORANGE BRACKET HERE!](#))

PINK: Birmingham, El Dorado, Esperanza, Northwood, Patrick Henry A, Santa Margarita, University and Yorba Linda ([PINK BRACKET HERE!](#))

GRAY: Aliso Niguel B, Corona Del Mar B, El Toro, La Canada, Mission Viejo, Newport Harbor B, Patrick Henry B and Segerstrom ([GRAY BRACKET HERE!](#))

Each will have its own champion and runner-up – trophies for both!

WHAT TO EXPECT

All coaches are required to check-in at the tournament check-in/headquarters tent one (1) hour prior to their first scheduled game. There is no player check-in.

Please bring a copy of this letter to Sticks & Stones to serve as your guide to any question that may come up during the day!

Every school has been scheduled for three games and we've tried to match up teams of somewhat like skills. We know that's never a perfect endeavor, especially at the JV level. There will be 4 divisions of competition each with their own champion.

Reminder, this is a **Junior Varsity** tournament. We know some programs have challenges with player numbers, but please do your best to respect the spirit of the competition in terms of your roster choices for the weekend.

All participating teams are guaranteed and committed to play three (3) games. Please honor your school's commitment, win or lose.

Abuse of the umpires or tournament officials will not be tolerated, and flagrant violations may result in team disqualification. Teams and individuals that are abusive, destructive, or in any other manner reflect negatively on the tournament both on and off the field will be disqualified at the discretion of the Tournament Director and prohibited from returning in the future.

When a team is scheduled to play on the Stadium Field, all food and beverages are prohibited (excluding water) inside the track fence.

A Trabuco Hills trainer will be onsite Friday evening and all day Saturday, but teams must provide their own supplies if players need pre-games wraps, etc.

TOURNAMENT RULES AND INFORMATION

Umpire rulings are final and there is no protesting.

Schedule: Please remember to check the official tournament scoreboard near the registration tent to see the progress of the Sticks & Stones schedule.

Fields:

- "Stadium" is the big turf field with bleacher seating. (Players/coaches ONLY inside the track fence!)
- "Upper 1" field is the one closest to the school facilities.
- "Upper 2" field is the one furthest from the school facilities.

Parking: Please respect the marked parking spots in Trabuco Hills HS lots. Teams arriving later in the day may have to park in the school's front lots. **NO PARKING PAST YELLOW GATES ON BASKETBALL COURTS!**

Weather: All games will be played rain or shine unless otherwise decided by the umpires.

Fans: On the Upper Fields, no one but players and coaches should be in the alley between the two fields.

Uniforms: Home team will be the team with school name first in alphabetical order. They will wear white/lighter uniform colors.

Playing rules: All CIF rules will apply with the following exceptions.

- **Game times:** Each game will consist of two 20-minute halves with a 5-minute halftime. All halves will be running clock. There will be no timeouts in this tournament.
- **Game starts:** Each field will have a separate air horn for all pool play games so teams must be ready to play at their assigned time. Teams are responsible for being ready to play before the scheduled time for each game and it is possible for games to start even without the entire team on the field.

- **Alternating Possession:** To speed the tournament, coaches/captains meeting and pre-game stick checks will be skipped. In first two rounds, “home” team will get 1st possession. In final round, it’ll be the “visitors” team. Conversely, the other team chooses side of field.
- **Rosters:** Reminder, CIF sees 2 yellow cards in one match as an expulsion, costing that player their next game. The tournament notes it is the coach’s responsibility to follow CIF and their school district rules regarding player eligibility.

STICKS & STONES TIEBREAKERS

Since time is tight, ties will be broken using our “Mustang Shootout” format immediately after the game’s regulation-time conclusion EXCEPT FOR DIVISION CHAMPIONSHIP MATCHES!

How does it work?

MUSTANG SHOOTOUT

1. Only players on the field at that time are eligible. NO SUBSTITUTIONS. NO HUDDLES.
2. Both goalies will go to the end of field of the “home” team wearing the lighter uniforms.

Visitors will shoot first. GOALIES CANNOT BE A SHOOTER!

3. Each team will get 1 free position shot from the top hash in each shootout inning until the tie is broken.
4. In each inning, a different player – chosen by the coach from players at the field at game’s end – will shoot until all players on the field at game’s end have participated in the shootout. A PLAYER WHO ENDS THE TIED GAME WITH UNFINISHED YELLOW CARD IS INELIGIBLE!
5. “Defensive” team gets to have 2 players on the nearby hash marks, like a regular free position. Yes, fouls can be called – and shots retaken.
6. Shooter must go forward and shoot! Any pull back or the like will be called a “NoGoal!” Just one shot, rebound will not count!

CHAMPIONSHIP GAME OVERTIME

If needed, the 4 division championship games will go to Sudden Victory overtime IMMEDIATELY after the full-time horn. NO SUBSTITUTIONS. NO HUDDLES. NO CHANGE OF FIELDS.

BRACKET-STYLE PLAY (ALL DIVISIONS)

After opening round matches, time/location/opponent for second round and third round games will be determined by wins and losses of your team and others.

Please carefully review your schedule – and the tournament scoreboard by the Information Tent at the stadium -- to make sure your team is ready for the later-round matches!

SCHEDULE

Coaches need to pay attention to the schedule. Routinely check the official tournament schedule near the Information Tent! Please be ready to play at the scheduled time and please leave the field quickly after a game. (Post-game handshakes can be done off-field, if necessary!) And coaches will be asked to sign each game’s scorecard.

ADDITIONAL ITEMS

- Food (traditional tournament snacks, lunch items, and beverages) will be available for purchase at the tournament snack bar.
- **When a team is scheduled to play on the Stadium Field, all food and beverages are prohibited (excluding water) inside the track fence.**
- A limited number of tournament t-shirts will also be offered for sale.
- Dogs or other pets, with the exception of licensed service dogs, ARE NOT allowed on the fields, the school grounds and tournament grounds. Owners with their pets will be advised of this policy and asked to leave the premises.
- Bathrooms are by the stadium entrance.
- Teams are encouraged to bring canopies, folding chairs, and blankets to form their own team headquarters at the tournament. The area around the Upper Field is best suited for such gatherings. Parents and fans are also encouraged to bring folding chairs and umbrellas.
- **NO FIRE OR BBQs, PLEASE!**
- Please be considerate not to litter the fields and please use the trash receptacles provided.
- For Stadium games, only teams (players and coaches) are allowed on the Stadium Field itself. All fans should sit in the stadium stands.
- For Upper Field games, fans should sit only on the sidelines opposite your team and keep a healthy (5 yards) distance back from the field.
- Please tell your players not to use the many fences that line our facility as practice surfaces for shooting practice etc. Please also respect the backstops, as well.

We hope you enjoy yourselves and please provide us with any feedback so we may improve as Trabuco Hills continues to host the Sticks & Stones Invitational. Thanks for attending Sticks & Stones and please do not hesitate to ask any questions.

TRABUCO HILLS HELP

Any problems or complaints shall be brought to the attention of the Tournament Staff.

Trabuco Hills contacts:

Head Coach Scott Leong: 949-374-6413
Assistant Coach Melanie Page: 949-677-2615
Tournament Co-Chair Jon Lansner: 949-922-3100
Tournament Co-Chair Delora Sandoval: 949-246-0807